

There is a statement called 'the winners' credo' which is the core of positive change. It is the essence of positive life skills, and the credo of a no-limits person:

Winners say 'Yes', while losers say 'Yes, but...'

Winners reveal love, while losers conceal love.

Winners say 'I did', while losers say 'I didn't.'

Winners appreciate, losers denigrate.

Winners say 'Now', while losers say 'Later.'

Winners persist, while losers quit.

Winners say 'I love you', while losers say 'You must love me'.

Winners give everything away, while losers hoard everything.

Winners say 'I'm sorry', while losers say 'You should be ashamed'.

Winners accept others, while losers judge others.

Winners say 'I'll do my share', while losers say 'Do something for me'.

Winners dare to be out front, while losers lag behind.

Winners say 'I'm responsible', while losers say 'It's not my fault'.

Winners make something work, while losers tell you why it won't work.

Winners say 'I'll try', while losers say 'I won't'.

Winners listen to criticisms, while losers block them out.

Winners say 'I owe you', while losers say 'You owe me'.

Winners laugh at themselves, while losers laugh behind their backs.

Winners say 'I can', while losers say 'I can't'.

Winners protect nature, while losers destroy nature.

Winners say 'Maybe', while losers say 'No way'.

Winners have a few close friends, while losers make a million acquaintances.

Winners say 'Thank you', while losers say 'You don't appreciate me'.

Winners are open, while losers put up walls.

Winners say 'I could', while losers say 'I should'.

Winners reciprocate, losers intimidate.

Winners say 'I want', while losers say 'I don't need anything from you'.

Winners pray thankfully, while losers pray regretfully.